

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:15 AM	Lap Swim 6:15 - 8:00	Lap Swim 6:15 - 8:00	Lap Swim 6:15 - 8:00	Lap Swim 6:15 - 8:00	Lap Swim 6:15 - 8:00		
7:00 AM							
8:00 AM						Lap Swim 8:15 - 10:00	
9:00 AM							
10:00 AM							
11:00 AM	Lap Swim 11:30 - 1:00 Water Aerobics 11:45 - 12:45	Lap Swim 11:30 - 1:00	Lap Swim 11:30 - 1:00 Water Aerobics 11:45 - 12:45	Lap Swim 11:30 - 1:00	Lap Swim 11:30 - 1:00 Water Aerobics 11:45 - 12:45		
12:00 PM							
1:00 PM							Family Recreation Time 1:15 - 3:00 pm
2:00 PM							
3:00 PM	HS Swim Team 3:00 - 5:00 PM	HS Swim Team 3:00 - 5:00 PM	HS Swim Team 3:00 - 5:00 PM	HS Swim Team 3:00 - 5:00 PM	HS Swim Team 3:00 - 5:00 PM		
4:00 PM							
5:00 PM	Lap Swim 5:00 - 8:30 Shocker Swim Team 5:15 - 6:45 pm	Lap Swim 5:00 - 8:30 Developmental League 5:15 - 6:15 Shocker Swim Team 5:15 - 6:45 pm	Lap Swim 5:00 - 8:30 Shocker Swim Team 5:15 - 6:45 pm	Lap Swim 5:00 - 8:30 Developmental League 5:15 - 6:15 Shocker Swim Team 5:15 - 6:45 pm	Family Recreation Time 5:00 - 7:30		
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							