



SWIM TIME

The first hour of your party will be designated for swim time at our indoor pool. You will have a designated swim area and children must stay within this area at all times while swimming. (Children 6 months and under are not allowed in the pool.) Children under 48" must be within arms reach of a parent/guardian while in the water, whether wearing a life jacket or not.

STATE LAW

State law requires showering before entering the pool. We have a shower on the pool deck that you can use. People with communicable diseases may not enter the pool area.

WHAT TO BRING

Everyone must wear a swimsuit. Life jackets are not provided but you are welcome to bring your own Coast Guard-approved jacket. Proper swimwear is required in the Aquatic Center at all times. Acceptable floatation devices are puddle jumpers and life jackets. Noodles may be used as a toy but not as a floatation device.

WHAT TO LEAVE AT HOME

Cutoffs, see-through clothes, and diapers without waterproof pants are not permitted. Do not wear street shoes into the Aquatic Center.

LIFEGUARDS

There will be 2 Certified Lifeguards on deck, at all times, during your party. Please defer to Lifeguards for any further pool instructions.

GENERAL POOL RULES

- No running, pushing or shoving
- No diving into shallow water
- No back dives or flips from the side of the pool
- No sitting on, hanging on, or crossing over the float lines
- Food, gum, and drinks are prohibited in the pool area
- No glass in the Aquatic Center
- Children must have a parent/guardian within arm's length if under 48"
- Must dress children in locker rooms
- No changing diapers allowed on the deck

Deep Water Policies

To be eligible to swim in the deep end of the pool, swimmers must swim one length of the pool without stopping.

DIVING BOARD RULES

- Do not use diving blocks
- 1 diver onboard/steps at a time
- Swim directly to the ladder
- Wait until the preceding diver swims to the ladder before jumping
- No double bouncing
- No swimming under the board
- No gainers
- Do not have your head toward the board when diving
- No goggles allowed

Non-Swimmer Policy

Unless there is prior approval from Y Management, the only people allowed to remain in the pool area for extended periods of time are individuals wearing swimsuits and appropriate aquatic footwear.

Other Information

The pool will close if there is thunder or lightning within 5 miles of the facility. If this occurs during your party, other arrangements will be made.

You must read, understand and sign the pool rules in the Party Reservation Packet prior to reserving your birthday party.

CONTACT

Stephanie Settle | Director of Safety & Aquatics

ssettle@ymcaokc.org

(405) 364-9622 ext. 135